

International Coaching Symposium

June 7 to 9, 2019 - Ottawa, Ontario, Canada

World renowned coaches, exciting matches and unique networking opportunities

The International Coach Symposium targets coaches interested in expanding their coaching knowledge through presentations on high level volleyball principles. Coaches of school, club, college, university, provincial and national teams will all benefit from this program. The presenters will share their national/international volleyball experiences, and will deal with advanced coaching concepts capable of inspiring coaches at all levels.

Preparing for High Performance: On Sunday morning, two court sessions targeted at coaches preparing young athletes for high performance will be offered. The first one will deal with Smashball and the introduction to the sport of volleyball. The second will look at creative strategies for developing athletes in the 12U-15U range. Together, these sessions will inspire club, elementary and high school coaches who help athletes prepare for high performance volleyball. (This session is available to participants with a full-package or with a Sunday day-pass).



Topics of Interest

A combination of on-court and classroom sessions will be offered. The topics will range from skill specific training to efficient coaching principles and more:

- Training and tactics of serve reception, setting and attacking
- Offensive system training
- Point scoring optimization with serve velocity
- Understanding load management
- Principles of motor learning
- Q&A sessions with international coaches
- ..and much more!

Featured Presenters

Glenn Hoag

Team Canada men's head coach / Arkas Spor Izmir

Tom Black

Team Canada women's head coach / University of Georgia Bulldogs

Mark Lebedew

Team Australia men's head coach

Andrea Giani

Team Germany head coach / Revivre Milano head coach

Nikola Grbic

Team Serbia head coach / Calzedonia Verona head coach

Shannon Winzer

Volleyball Canada NextGen / Former Team Australia women's head coach

Kerry MacDonald

VC Director of Sport Science/Medicine and Innovation

See the full list of presenters online



MORE INFO www.volleyball.ca



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