

2018 Beach Nationals

Schedule of Activities

Friday

9:00	Technical Meeting All Players
9:30	Lululemon Yoga with Keisha
10:00	Matches begin
12:00	Skills with Steve
14:00	Spikeball Crashcourse with Josh Binstock
17:00	Last round of Matches

Saturday

9:00	Lululemon Yoga with Keisha
9:00	Matches begin
10:30	SkyBall Contest with Adriana Bento & Mark Heese
12:00	Lululemon Yoga with Keisha
13:00	Spikeball with Rich VanHuizen
14:00	Senior Playoffs begin
17:30	Last round of matches

Sunday

9:00	Matches Begin
12:00	Medal Ceremonies begin
13:30	Mens Gold Medal Match
14:30	Mens Medal Ceremony
16:00	Womens Gold Medal Match
17:00	Womens Medal Ceremony



**Beach
Nationals
Nationaux
de plage**

TORONTO 2018