

## 2018 Volleyball Canada Nationals - 7 Day Buffet Menu Cycle

DAY 1	BREAKFAST	LUNCH	DINNER
16-May	Breakfast Pastries Egg and Sausage Burritos Hashbrowns Assorted Cereal with milk	Caesar Salad Hot Turkey Sandwich/Multigrain Ciabatta Country Roast Potatoes Granola bar or 2 cookies	Bread Rolls and Butter Field Green Salad/Assorted Dressing Chicken Parmigiana & Pasta Steamed Vegetables Assorted Squares
Also included for lunch and dinner - Pizza Buffet Station			
DAY 2	BREAKFAST	LUNCH	DINNER
17-May	Granola Parfait Bacon, Egg and Cheese Bunwich Hashbrowns Blueberry Smoothie	Smoked Brisket Hot sandwich/Rosemary Focaccia Vegetable Crudités and Hummus Dip Whole Fruit	Bread Rolls and Butter Garden Salad/Assorted Dressings Beef Provençale Stew Mashed Potatoes Assorted pies
Also included for lunch and dinner - Pizza Buffet Station			
DAY 3	BREAKFAST	LUNCH	DINNER
18-May	Cranberry Loaf Scrambled Eggs Sausages Hashbrowns Banana Smoothie	Potato Salad Italian Panini Granola bar or 2 cookies Whole fruit	Bread Rolls and Butter Farm Salad with a Choice of Dressings BBQ Chicken & Roasted Potatoes Vegetable Au gratin Fresh Sliced fruit
Also included for lunch and dinner - Pizza Buffet Station			
DAY 4	BREAKFAST	LUNCH	DINNER
19-May	Assorted Muffins Sausage, Egg and Potato Wrap Assorted Yogurt Hot Oat Meal/ Milk	Seven Bean Salad Mediterranean Chicken Baked Mac N cheese Whole fruit	Bread Rolls and Butter Iceberg Salad/Sundried Tomato Dressing Steak and Mushroom pie Mash Potatoes Chocolate Fudge Brownies
Also included for lunch and dinner - Pizza Buffet Station			
DAY 5	BREAKFAST	LUNCH	DINNER
20-May	Assorted Cereal with milk Scrambled Eggs Sausages & Bacon Hashbrowns	Coleslaw Salad Beef Burger/condiments French Fries Assorted Jell-O	Bread Rolls and Butter Chickpea & Tomato salad Herb Roasted chicken Baked Potato Assorted Mousse
Also included for lunch and dinner - Pizza Buffet Station			
DAY 6	BREAKFAST	LUNCH	DINNER
21-May	Granola Parfait Sausage, Egg and Cheese Bunwich Hashbrowns Raspberry Smoothie	Pasta Salad Farmer's sausage Rice and Onion Cabbage Rolls Potato and Cheddar Perogies Chocolate Dipped Rice Krispies	Bread Rolls and Butter Caesar Salad Sweet and Sour Pork/Vegetables & Rice Baked Cheese Tortellini Fresh Fruit
Also included for lunch and dinner - Pizza Buffet Station			
DAY 7	BREAKFAST	LUNCH	DINNER
22-May	Banana Pancakes/Syrup Bacon, Egg and Cheese Wrap Hashbrowns Assorted Cereal with milk	Vegetable Crudités and Hummus Dip Baked Meat And Vegetable Lasagna Garlic Bread Fresh Watermelon	Bread Rolls and Butter Spinach Salad/Assorted Dressings Butter Chicken Basmati Rice and Vegetable Pilaf Assorted cheesecakes
Also included for lunch and dinner - Pizza Buffet Station			
\$11.50 Per Person, plus GST		\$16.50 Per Person, plus GST	\$19.50 Per Person, plus GST
**Beverage Station to include Coffee, Tea, Hot Chocolate, Juice		**Beverage Station to include Coffee, Tea, and Infused Iced Water	



Please contact our sales team  
at 780-471-7377 or  
[ExpoVolleyball@edmonton.com](mailto:ExpoVolleyball@edmonton.com)  
if you have any questions.

We encourage participating teams to  
pre order by May 7th.  
Teams may elect to purchase either one  
meal or multiple meals on the days of  
their competition.  
Prepayment can be arranged with AMEX,  
VISA, or MASTERCARD.

The Athletes Dining Room will be set up in  
Room 202 at the Edmonton EXPO Centre. Only  
athletes, coaches, and parents/spectators who  
have pre-purchased the dining plan are  
permitted entry.