

Real. Relaxed. Remarkable. REGINA.

We look forward to welcoming you to Regina, the capital city of Saskatchewan! We will be delighted to host you for the 2019 15U – 18U Canada National Volleyball Championships, May 16-20, 2019.

The tournament will be held at Evraz Place, the largest interconnected event complex in Canada and the centre of sport, business and entertainment for the community. Evraz Place is conveniently located in the heart of Regina and is a short walk to the downtown core. Downtown Regina is home to boundless opportunities for entertainment in all seasons, including festivals, attractions featuring natural history, science, or art, plus opportunities to Hang with the Locals every step of the way!

Feel the energy of a city on the rise as you revel in the astonishing variety of cultural, entertainment and recreational opportunities that abound in and around the city. Welcoming 2.1 million visitors and 112,000 business visitors annually, Regina hosts many events and conventions, so visitors may have a truly Canadian experience with a local flair that is unforgettable.

Check out tourismregina.com/events for a day-to-day events listing!

Attractions

Government House 4907 Dewdney Avenue

At Government House, travel all the way back to Regina's Victorian past. Our Provincial Heritage Property and National Historic Site is bursting with over 125 years' worth of stories to tell! Step into 1905, and explore the museum, art gallery, and educational centre within for FREE. Bring the little ones down to the Once Upon a Time Room for some make believe fun and hands on learning! Outdoors, enjoy the beautiful Edwardian Gardens surrounding the building — 8.5 acres of grass, trees, and flowers that make an idyllic setting for a picturesque picnic, dog walk, or even a game of Frisbee. With daily tours and activities to take part in, every day at Government House is a new adventure!

Regina Farmers' Market
City Square Plaza - 2220 12th Avenue
Regina Farmers' Market, where everything is made, baked, grown, or designed in Saskatchewan.

Legislative Building 2405 Legislative Drive

Known as the marble palace, the Saskatchewan Legislative Building is one of the largest legislative building in Canada and features 34 different types of marble from around the world. The exterior is elaborately decorated with intricate carvings of lions, gargoyles and chains of grain and fruit. The Legislative Building overlooks beautiful Wascana Lake in Wascana Centre. Tours of the Saskatchewan Legislative Building are available seven days a week.

Saskatchewan Sports Hall of Fame 2205 Victoria Avenue

Located in the heart of downtown Regina, the Saskatchewan Sports Hall of Fame was established to honour outstanding Saskatchewan athletes, championship teams and sport builders as well as preserve the history of Saskatchewan sport. Displays include portraits and citations of inductees, sports memorabilia and interactive elements.

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Attractions cont.

[RCMP Heritage Centre](#) [5907 Dewdney Avenue](#)

Discover the Real Stories of the Red Serge. The RCMP Heritage Centre is located where the tradition began, at the RCMP Academy, 'Depot' Division in Regina, Saskatchewan. Depot has trained every RCMP 'cadet' since it was established in 1885; it's no wonder Regina is often referred to as Home of the RCMP. Take a tour of historic Depot and take in the Sergeant Major's Parade. Tour the Heritage Centre and discover real stories about Mounties in red serge through stimulating galleries and exhibits that are filled with artifacts using static displays, multi-media technologies, virtual reality and augmented reality. All ages are sure to enjoy.

[Royal Saskatchewan Museum](#) [2455 Albert Street](#)

Journey through millions of years of Saskatchewan's geological and natural history. Examine the fossil remains of long-extinct creatures and learn about the animals, insects and plants that live here today. Engage with the province's First Nations cultures and test your understanding of sustainability and our ecological footprint. No visit is complete until you meet Megamunch the robotic T. Rex. Open 9:30 a.m. to 5:00 p.m. daily. Admission is by donation.

[Saskatchewan Science Centre](#) [2903 Powerhouse Drive](#)

With more than 180 hands-on exhibits, stage shows, and extra activities all the time, the Saskatchewan Science Centre always has something fun to see, do, or explore. Make the experience complete by adding a movie at their 3D IMAX 15/70mm film theatre!

[tourismregina.com](#)

Walking Trails

Take the opportunity to experience Regina's beautiful pathways and park systems. An interactive map of these trails is available [online here](#).

Other Activities

[Escape Manor](#)
1975 Broad Street
[escapemanor.com/regina](#)

[Lumberjax](#)
1545 S Railway Street
[lumberjaxthrowing.com](#)

[Escape Club](#)
240 – 2410 Dewdney Avenue
[escapeclub.ca](#)

[Regina Floral Conservatory](#)
1450 4th Avenue
[reginafloralconservatory.ca](#)

[Regina Rolling Robot Tours](#)
2900 Wascana Drive
[rrrtours.ca](#)

[Stone Hall Castle](#)
2210 College Avenue
[stonehallcastle.com](#)

Shopping

[Cornwall Centre](#)
2102 11th Avenue
[cornwallcentre.ca](#)

[Northgate Mall](#)
489 Albert Street North
[northgatemall.ca](#)

[Victoria Square Mall](#)
2223 Victoria Avenue East
[vicsquare.ca](#)

[Southland Mall](#)
2965 Gordon Road
[southlandshoppingcentre.com](#)

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Arts & Theatre

[Regina Symphony Orchestra](#)
2424 College Avenue
reginasymphony.com

[Slate Fine Art Gallery](#)
2078 Halifax Street
slategallery.ca

[Globe Theatre](#)
1801 Scarth Street
globetheatrelive.com

[Creative City Centre](#)
1843 Hamilton Street
creativecitycentre.ca

[Mackenzie Art Gallery](#)
3475 Albert Street
mackenzieartgallery.ca

[Art Gallery of Regina](#)
2420 Elphinstone Street
artgalleryofregina.ca

Experiences outside Regina

[Over the Hill Orchard](#)
Lumsden, Saskatchewan
overthehillorchards.ca

[Outer Edge Adventure Park](#)
Lumsden, Saskatchewan
outeredgepark.ca

[Last Mountain Distillery](#)
Lumsden, Saskatchewan
lastmountaindistillery.com

[Moose Jaw Tourism](#)
Moose Jaw, SK
visitmoosejaw.ca

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- Hashtag us [#SeeYQR](#)
- Follow our Regina Ambassadors to [#SeeYQR](#) through the eyes of the locals who know it best