



# Coach Information Package

Welcome to the 2022 Volleyball Canada Nationals! We're very excited to host teams, athletes, and coaches, and all the families and friends taking part across Canada!

## General Information

- Carleton University will open at 6:30 am each morning for warm-up.
- Event Crew will be happy to assist you with questions or concerns you may have.
- Free medical services and taping will be available for all athletes. There will be stations with athletic therapists set up in each hall.
- Merchandise is available for purchase throughout the tournament; operating hours are 9:00am- 6:00pm.

## Competition Information

- **New for 2022! Teams are required to follow the new VC warm-up protocol. Please see VC Warm-Up Protocol sheet in this package.**
- No warming up with balls in the main hallways of the facility.
- No coolers with food should be brought into the facility.
- The Fair Play rules will be applicable for all teams competing in the 14U age category. Please see article 15.1 of the Rulebook for full regulation details
- Teams are required to provide 2 minor officials for each match. 1 linesperson and 1 scorer.
- All matches will be scored via paper scoresheets. Rosters will be pre-printed on the score sheet.
- Teams may switch waves between Day 1 and Day 2 depending on how they finish in their pool.
- Final competition schedules and results will be available at [iset.net](https://iset.net) upon the completion of coach check-in.

- A team can consist of up to 15 players. All 15 players may be in uniform, may participate in the warm-up and may sit on the bench. Only 12 players may be registered on the score sheet and participate in the match. These 12 players may vary from match to match as long as no more than 12 take part in any given match.
- The players not registered on the score sheet may be in uniform, but it is the responsibility of the coach to know these ineligible players for the match and avoid an illegal substitution.
- Coaches must be prepared to provide their approved roster for review by the referees at each match.
- Coaches must have a copy of the proof of age of all players should a check be requested by competition staff.
- Handshakes will be removed from match protocol. Upon completion of the match, players will be signaled to line up on the attack line and wave at or clap for the opposing team.

## **Medical/Concussion**

Fully trained athletic therapists are on-site for all medical needs. These therapists will also conduct all concussion assessments. A concussion protocol sheet is included in each team package and each team should familiarize themselves with the processes that this entails. We ask that all teams promote the motto, “when in doubt, sit them out”.

Please note that athletes will have to be re-assessed by a Sport Medicine Physician approved by VC in order to return to play during the tournament.

## **Code of Conduct**

All participants, team personnel, spectators and staff are expected to adhere to the VC code of conduct throughout the event.

## **Net Heights:**

14U Girls – 2.15m

14U Boys – 2.20m

## **Sport Court Rules**

Each team must play within its own playing area. The area beyond the edge of the sport court is designated as a non-playing zone. Therefore, the last point of contact

prior to contact with the ball must be on the sport court and the player must always play the ball on the sport court.

Examples:

- One foot on the sport court, one foot on the cement while playing the ball = play is whistled dead;
- Play the ball on the sport court; momentum of athlete carries them off the court = play continues;
- Jump in the air off the sport court, play the ball, and land fully off the sport court = play is whistled dead;
- Leave the playing surface and step on a chair and play the ball = play is whistled dead

Any service action must be initiated with at least one foot in contact with the Sport Court.

### **Protest & Appeal Process**

The following types of issues can be protested or appealed:

- An improper decision by the referee who did not apply the rules or regulations.
- An improper decision of the scorer who made a mistake on the rotational order or on the score.
- Please note that judgement calls cannot be protested. A referee's decision regarding a playing action (ie. ball handling or misconduct) cannot be protested.
- The protest will be accepted or rejected prior to the resumption of play by the tournament jury.

To officially protest or appeal a decision, the captain must launch the protest immediately to the first referee who will then indicate to the scorekeeper that a protest has been lodged. A fee of \$100 must be provided in cash immediately in order to assemble the Competition Jury to assess the protest. The funds will be returned if the protest is upheld; however, if it is overturned, the funds will go towards referee development.

In case of an incident during a match, the protest has to be requested at the moment the incident occurs, before play resumes. Please remember that NO match will be replayed, as protests have to be placed at the moment of the incident.

## **Facility Information**

RESPECT THE FACILITIES – please have your athletes clean up their bench area when they leave the court **after each match**. There are a large number of athletes at the event and our facility staff cannot keep up to the mess that is created. There are garbage and recycling containers on every court.

SUPERVISION – **Coaches, remember that you are responsible for your athletes at all times**. Please ensure they are supervised at all times during the tournament – on campus, in residence, in the hotel, in the venues. With proper supervision we can cut down on the incidents (some very serious) that continue to occur every year.

## **COVID-19 Considerations**

We ask that all teams respect the choices of all participants, spectators, staff, and referees to wear a mask and to socially distance (as possible) during the event. Guidance for teams to manage suspected and confirmed cases is available on the website and included in the team package.

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At the completion of the tournament we encourage you to complete the post event survey found at [www.volleyball.ca](http://www.volleyball.ca). VC will complete a draw from all submissions with the top prize being free registration for 2023 Nationals!

**Good luck to all teams!**