



What's new in 2019-2020?

Significant changes to the *2019-2020 Referee Guidelines* are underlined in this document.

The following are changes to the Rules in the Volleyball Canada Rulebook:

3 Balls

3.1 Standards

The inside pressure of the ball shall be 0.30 to 0.325 kg/cm² (4.26 to 4.61 psi) (294.3 - 318.82 mbar or hPa).

Volleyball Canada - For Volleyball Canada Championships, the ball will be as follows:

14U & 15U – Mikasa VQ2000w

16U – 18U – Mikasa MVA200

7.2 Official Warm-up Session

7.24 **Volleyball Canada** – The new warm-up protocol can be found in the Age Class Variations on page 44.

9.2 Characteristics of the Hit

Volleyball Canada 14U and younger competitions, receiving serve with an overhand motion using the fingers (volleying/setting the serve) is not permitted, regardless of the quality of the contact. The first referee will use the "double-contact" signal to indicate this infraction.

19.1 Designation of the Libero

Volleyball Canada - Use of only 1 libero is permitted except for 14U and 15U (boys and girls).

NOTE: 16U Boys are permitted to use a Libero.