



## Medical Time-Outs Policy

Youth teams are permitted one (1) medical time-out, per player, per tournament day. Adult teams are allowed one (1) medical timeout, per player for the entire tournament.

Medical time-outs must be supervised by one of the tournament athletic therapists. Players are not permitted to leave the playing area during a medical timeout. Players are permitted up to five (5) minutes total for a medical time-out, with the time starting from the moment the athletic therapist arrives on the court.

If an athlete becomes injured or ill during the tournament and as a result cannot continue to compete, no refund will be issued. Points will be awarded up to the point of withdrawal from the tournament.

For Volleyball Canada competitions, the medical assistance shall be manually timed by **the referee or the referee supervisor** and recorded by the scorer. This includes in this sequence: time the referee initiated the protocol (in hours, minutes and seconds); the set; the score; team serving; player to undergo medical assistance; the type of medical assistance; time match resumed or time of forfeit; duration of the medical assistance interruption. When treatment is completed (or if no treatment can be provided), play must resume or the relevant team is declared incomplete for the set or the match. Medical treatment may be provided to players at regular game interruptions (TO, TTO, set intervals) as long as it does not extend interruptions or intervals.

If an athlete is bleeding and other participants are at risk of exposure to his/her blood, the athlete's participation in the match must be interrupted until the bleeding has stopped, and the wound has been cleaned with an antiseptic solution and securely covered. A one-minute technical time-out would be applied by the referee in order to rectify the situation and stop the bleeding or the athlete would need to use their one allotted Medical Timeout. The players are to remain on the court while the situation is being rectified. The technical time-out is not charged to either team. The technical time-out may occur only once for the same player in the match. Record on the scoresheet under remarks.