



# Women's National Excellence Program (NEP)

## Billet Family Program Brief

### Billet Family Search

Volleyball Canada is looking for members of the Vancouver and Richmond communities to billet Grade 11/12 female high performance volleyball athletes while they are training full time at the Women's Volleyball National Training Centre in Richmond, BC (Sept-Dec 2022).

### Program Goal

To create a sustainable podium pathway for indoor women's volleyball by developing world-class athletes who contribute to the performance of our Women's National Team and helps to propel Canada beyond the current successes, to Olympic qualifications and podium performances.

### Program Objectives

1. Create a high-performance daily training environment for provincially and nationally identified grade 11 & 12 athletes at the home of the Women's Senior National Team in Richmond
2. Monitor and support the WHOLE athlete through Senior National Team Staff leadership
3. Enhance individual technical and tactical skill development to match and exceed those of other top volleyball nations
4. Identify suitable competition opportunities through local colleges and universities

### Program Overview

- ✓ 4-month program: Sept 12<sup>th</sup> – Dec 16<sup>th</sup> 2022)
- ✓ Based at the Richmond Olympic Oval, Richmond BC
- ✓ Targeting athletes born 2005-2006 (Grade 11/12 athletes)
- ✓ 18 athletes selected
- ✓ Sessions include on court, strength and conditioning, therapy and recovery
- ✓ Competition opportunities with local Universities and Colleges

### Athlete Accommodation

- Provide a safe and secure home environment for athletes while residing in BC
- Match 2-3 athletes with a billet family in the Vancouver/Richmond neighbourhoods
- Billet families to provide room and board (including all meals)
- Athletes are expected to be respectful and contributing members to the household, adhering to household rules, and helping prepare breakfast and lunches when required
- Volleyball Canada provides a monthly payment of \$850 per athlete (\$1700 for two athletes) and provides ongoing support throughout the duration of the program

### Athlete Education

- Students will register for online course within their home province
- Volleyball Canada will provide daily face-to-face educational support during the program

**If you are interested in becoming a Volleyball Canada Billet Family, please contact Jennah Paron, Coordinator, National Excellence Program ([jparon@volleyball.ca](mailto:jparon@volleyball.ca))**